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FAIRCARE
Inclusion & Self-determination

July 2025, vol. 2

SURVEY RESULTS



MAY - JUNE 2025



People in need: 88 Participants
Formal Caregivers: 66 Participants
Informal Caregivers: 79 Participants



In total:
62 Questions



Development of a person-centered curriculum for the FairCare training centers

THEMES - QUESTIONNAIRES

People in Need

living conditions | care and support needs | access to services and participation | experiences with care providers | self-determination | (improve) barriers

Formal Caregivers

working conditions | job satisfaction | client participations | barriers

Informal Caregivers

daily life | support | structures | coordination with professionals

MAIN RESULTS - NEEDS

People in Need



more effective
communication



less
bureaucracy



more person-
centred

Formal Caregivers



improved working
conditions



sustainable
resources



more person-
centred

Informal Caregivers



more know-how |
practical skills



more
support



more effective
communication

IMPLEMENTATION - FAIRCARE CURRICULUM



Intensive
Analyse



Processing with
the Advisory
Group



Co-creation of the
first modules of
the curriculum
with the target
groups



Testing and
implementation
phase



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SURVEY RESULTS - THEIR VOICES

People in need of Care



"I think services should be expanded, as the programs and personal assistance provided by day care institutions are very limited. There is also a need for support services outside working hours!"

"I would like to have the previous support system back: this way, the burden on my parents and family members is lighter, my sense of dignity improves, and I provide work for others. I would feel more independent, in control of my life"

Informal Caregivers



"My burden is not being able to find time for myself, the fatigue, the overload of having to take care of all aspects of my mother's life, which depend solely on me."

"I have to cope with everything alone"

Formal Caregivers



"We need more time, more support, and more economic recognition."

"We are the people who enter the home and, in addition to physical work, we also have psychological work because we absorb all the problems and concerns... we need some help!"



TPM 2 DUBLIN



Summary context of the TPM in Dublin

- The second Transnational Project Meeting (TPM) of the FairCare project took place **in Dublin, Ireland, on June 26–27, 2025**, hosted by the **Irish partner organization SEi Tuatha**. Representatives from all participating partner organizations—originating from **Cyprus, Germany, Hungary, Italy, Spain, and Ireland**—gathered for two intensive days of collaborative work. The TPM served as a critical checkpoint in the project's implementation, enabling partners to collectively assess progress, reflect on key findings, and plan forthcoming actions aligned with the project's goals.
- A central objective of the meeting was the **analysis of national survey data** regarding the three core target groups: **people in need of care, informal (family) caregivers, and formal (professional) caregivers**. The data revealed common **challenges such as limited mobility, memory issues, and emotional strain among care recipients, as well as needs for better communication, time management, and empathy across all care roles**. Partners worked in thematic groups to identify country-specific training priorities, compare national care systems, and highlight overlapping or conflicting needs between the three groups.
- The discussions emphasized the importance of designing a flexible, inclusive, and culturally sensitive training curriculum that responds to real-life caregiving challenges. **The proposed training will be structured around three core components: peer-to-peer learning, intergroup collaboration, and community engagement. It will be supported by modular learning materials, short video tutorials, and an accessible digital platform.** The team also started to develop the curriculum's structure, deciding to allocate up to 10 hours for the first module, which would address the needs of both formal and informal caregivers as well as care recipients.
- Further, the meeting introduced the **FairCare network and memorandum**, which aim to formalize stakeholder engagement and encourage wider participation from care organizations, trainers, and informal carers. **Discussions also covered digital accessibility, the ethical use of AI, and strategies for sustaining the platform and training materials beyond the project's funding period.**
- Finally, the TPM included planning sessions **for dissemination, internal communication protocols, and collaborative production of video content**. Specific deadlines and responsibilities were allocated, with a shared commitment to enhance outreach efforts, including engagement through social media and newsletters. **The partners left Dublin with strengthened collaboration, clear action points, and renewed motivation to continue building a supportive, empowering ecosystem for care.**





ALL TARGETS Groups in the HUNGARIANS ADVISORY GROUP

- The People First Association set up the Hungarian Advisory Group at the very beginning of the project, as it was essential for us to involve all target groups right from the start. It was particularly important that all three groups be represented: persons with disabilities, informal helpers/caregivers/family members, and formal, that is, institutional staff.
- Currently, our team has 11 members: four represent persons with disabilities, three represent informal caregivers, and four represent formal support workers. We are especially pleased that we were able to engage participants from different cities across Hungary in the advisory work.



- The group is supported by two project coordinators, so altogether 13 of us worktogether in a very good, friendly atmosphere, mostly online due to the distances involved (we have a Messenger group and we hold online meetings). By establishing the FairCare Advisory Group, we have created an exemplary initiative in Hungary, as such a three-sided dialogue has not taken place here before.
- Our team takes an active role in shaping the project, contributing their views at every stage, and this collaboration is truly a great experience. We are confident that such genuine involvement of stakeholders will be reflected in the progress and results of the FairCare project.



We are proud

of our team!!



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SOCIAL MEDIA



FOLLOW US ON



This is a collaborative project, and we will need participants along the way! Stay updated on our progress and find out how you can get involved by subscribing to our newsletter and like our facebook page. 📧

Best,
The FairCare Team



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