Activities during the FairCare Training
in Erfurt - 24th - 28th November

Monday

Day 1 | Arrival and Informal Networking

The FairCare project's Training in Erfurt began with the arrival of partners and participants. Day one focused on welcoming the group and informal networking, culminating in a joint dinner to reconnect, greet new members, and build trust for the upcoming sessions.

Tuesday

Day 2 | Foundations of Peer Training

Before the official training session began at Café B, VSBI led a warm-up and introduction to the training goals and expectations. Participants were divided into two group - people need of care and informal/formal caregivers. The groups collaborated to develop significant peer-training modules that covered self-awareness, the history and principles of peer counseling, individual future planning, consulting techniques, self-representation, and communication with caregivers and communities with the assistance of partners.

Wednesday

Day 3 | Reflection, Evaluation and Consolidation

On the third day the modules on marketing and advice, self-evaluation, adult education, and evaluation techniques were completed. Through feedback sessions, both groups were able to assess the peer-training program as a whole. The training materials were changed, and reflection sessions were held after a plenary presentation of the findings from both groups in the afternoon. In parallel, project partners held a Transnational Project Meeting to discuss the developement of the FairCare website and the FairCare collaboration tool.

Thursday

Day 4 | FairCare Labs and Study Visit

The day began at Café B Erfurt with another module, led by 3inSocial, addressing the conception of FairCare training and learning centers, marketing strategies, and participant recruitment. In the afternoon, participants travelled to Eisfeld for a study visit, including the Museum Eisfeld and meetings with local stakeholders. Highlights included a visit from the Mayor of Eisfeld and project presentations at Eisfeld Castle, hosted by the Seniors' Advisory Council.

Friday

Day 5| Results, Evaluation and Next Steps

The final day combined reflection, assessment, and future planning. After a study visit to Weimar, participants presented group findings, while partners discussed platform development, collaboration tools, community needs, and long-term networking. Closing sessions outlined next steps for collaboration training, followed by a critique and farewell dinner.
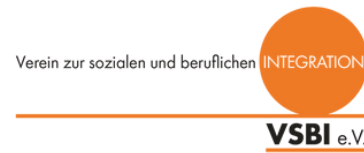
December 2025, vol. 3

Evaluation of the FairCare TPM Activities in Erfurt

Co-creating the future of care.

- **VSBI** successfully organized the training, offering a professional, inclusive, and well-organized framework. The main training venue was Café B Erfurt, providing an accessible and welcoming learning environment. The host team ensured that the mobility ran smoothly, had effective time management, and provided ongoing participant support, all of which contributed significantly to its high quality and impact.

- **People First** played a key role in developing peer-training modules by facilitating sessions on self-awareness, self-recognition, and the peer approach. Their involvement ensured care recipients' perspectives remained central, reinforced FairCare's principles of empowerment and peer-led support, and provided valuable feedback to align content with real-world needs.

- **COOSS** delivered modules on personal future planning and the expectations of people involved in care, promoting person-centred long-term care. The session encouraged constructive dialogue between people in need of care and their carers, fostering mutual understanding and cooperation and making the peer-training module more practical and transferable.

- **3inSocial** strengthened training and strategic development by connecting peer training with outreach, visibility, and sustainability through modules on advice and marketing from and for people in need of care, as well as facilitating FairCare Labs. Their role enabled partner collaboration on the design of FairCare training and learning centers, participant recruitment strategies, and long-term implementation at the European level.

- **SKE** contributed expertise through modules on conflict resolution, systemic consulting approaches, solution strategies, and evaluation and critique techniques. Their sessions helped participants manage complex counselling situations and ensure quality assurance with evaluation activities, providing structured feedback to refine the training modules.

- **SEI** strengthened the TMP's educational dimension with modules on self-assessment and adult education methods. Their contribution ensured that the peer-training modules were consistent with adult learning principles and appropriate for a variety of learner profiles. SEI's contribution improved the pedagogical quality and European applicability of the FairCare training approach.

The training was highly successful, marked by strong partner collaboration, active participation, and a focus on quality, inclusion, and sustainability. Structured training, joint module development, reflection, and study visits strengthened capacity and highlighted FairCare's European added value.

From Erfurt to Europe: Fair care for all.

**Funded by
the European Union**

FairCare Transnational Partner Meeting - ERFURT
Impact (EU Horizontal Priorities)

The training positively impacted participants, partner organizations, and project implementation by fostering inclusive collaboration between people in need of care, informal and formal carers, and partners in accessible venues such as Café B Erfurt, LIGA Selbstvertretung Thüringen e.V., and the Queeres Zentrum Erfurt.

The partners prioritized inclusion and diversity by ensuring that lived experience and peer perspectives were central to the co-creation of training modules. Facilitators Lisa Risch, Roger Schmidtchen and Veronika Pataki advocated for participatory methods that improved self-determination, peer counselling skills, and adult learning competencies.

In terms of digital transformation, the FairCare Labs helped partners improve their ability to use digital collaboration tools and contributed to the development of the FairCare platform, which improved sustainability, accessibility, and transnational cooperation.

The program also supported the green priority through local venues, shared activities, and study visits, promoting community-based approaches to long-term care.

December 2025, vol. 3

European Added Value
of the FairCare TPM in Erfurt

The Training and Transnational Project Meeting added European value by bringing together partners, people in need of care, as wells as formal and informal carers to co-create inclusive peer-training approaches that go beyond national perspectives. The mobility fostered active participation, accessibility, and cross-sector cooperation.

The partners collaborated on modules adaptable to diverse European care systems, reinforcing values of equality, inclusion, and self-determination.

The training created additional European learning value by combining training development with outreach, sustainability, and the upcoming FairCare Platform. Study trips to Weimar and Eisfeld, which included a meeting with the Eisfeld mayor, and the Seniors' Advisory Council at Eisfeld Castle, connected project work to practical community practices that can be applied throughout Europe.
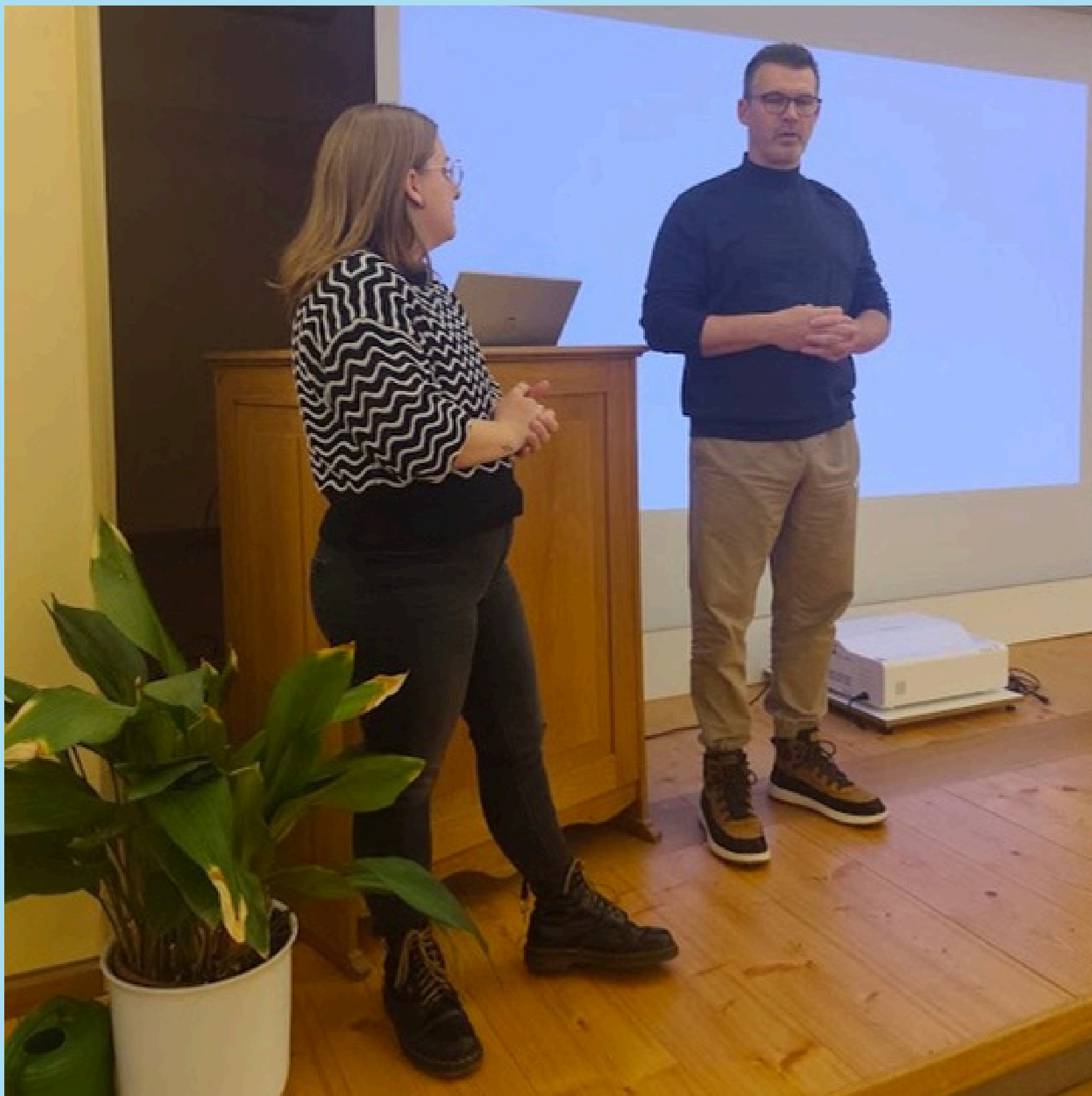
Overall, the training confirmed FairCare as a European partnership offering inclusive, scalable, and sustainable long-term care solutions that strengthen transnational cooperation, and improves project quality.

**Funded by
the European Union**

Meeting with the Eisfeld mayor, and the Seniors' Advisory Council at Eisfeld Castle during the FairCare Training

December 2025, vol. 3

FairCare on
Social Media

SEI Tuatha
29. Juli um 17:04

🐝 Building a Future of FairCare in Ireland
What would a truly *fair* care system look like, for those who receive care *and* for those who provide it?

In this short video, we explore the realities behind Ireland's current care model, a system heavily reliant on unpaid or low-paid work,

often carried out by women. It's time to rethink how we value care.

Mehr anzeigen

Building a future of Faircare in Ireland

FAIRCARE
Inclusion & Self-determination

Care systems across Europe are at a crossroads

Ireland is no exception
- Increasing elderly population and people in need of care
- Overstretched carers - both formal and informal
- Widening gaps in access to support

The time to reimagine care is now!

👍 Gefällt mir   💬 Kommentieren   ↪ Senden   ↗ Teilen

Follow us on
Facebook

This is a collaborative project, and we will need participants along the way! Stay updated on our progress and find out how you can get involved by subscribing to our newsletter and like our facebook page. 📩

**Best,
The FairCare Team**

FAIRCARE
Inclusion & Self-determination